

A young child with dark hair, wearing a long-sleeved shirt with horizontal stripes in pink, blue, and white, is sitting at a light-colored wooden table. The child is focused on painting on a large sheet of pink paper. There are several paint containers on the table, including a clear plastic tub with purple paint and a green plastic tray. The background shows a blurred indoor setting, likely a children's center, with wooden chairs and a white cloth-covered table.

Join us at Park Ward Children's Centres

May 2018

Learn, Play, Discover...

Call, drop in, or visit our website at

www.childrencentres.co.uk

halifax
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trust

Jubilee and Jubilee at Beech Hill Children's Centres

	Monday	Tuesday	Wednesday	Thursday	Friday	
Jubilee Children's Centre	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Family Support Drop-In 9.30 - 11.30am</p> <p>Basic Sewing Course 9.30 - 11.30am Booking essential please contact 01422 342552</p>	<p>Ante-Natal and Post Natal clinic 9.00 - 4.00pm Please contact 01422 261364 01422 360336</p> <p>Family Support Drop - In with Polish speaking worker 1.00 - 3.00pm</p> <p>Stay and Play One, Two, Buckle My Shoe 1.30 - 3.00pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only</p> <p>Friends Group 9.30 - 11.30am Term time only</p> <p>Breastfeeding Group with Breastfeeding Peer Supporters 10.00 - 11.30am</p> <p>Parent & Toddler with Polish Speaking Worker 1.00 - 2.30pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Zumba Class 1.30 - 2.30pm Starts Thursday 26th April until 17th May 2018 booking essential please contact 01422 342552</p> <p>Daddycation 3.30 - 5.00pm Every other Thursday 3rd, 17th and 31st May 2018</p> <p>Family Fun Group 3.00 - 5.00pm 10th and 24th of May 2018</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Baby Clinic Drop-In 9.30 - 11.00am</p> <p>Beenies 9.30 - 11.00am</p> <p>Weaning Group 11.30 - 12.30pm First Friday of each month 4th of May 2018</p>	
Beech Hill Children's Centre	<p>Beenies 1.30 - 3.00pm Term time only</p>		<p>Stay and Play Let's get physical 1.30 - 3.00pm Term time only</p>	<p>Bangladeshi Coffee Morning 8.45 - 10.30am 2nd Thursday of every month Next session 10th of May 2018 Term time only</p>		

Call us for more information, to book places and to find out how to get referred on
01422 342552 or call into Jubilee Children's Centre, Lightowler Road HX1 5NB.

Activity Information

Family Support Drop-In Come and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Weaning Group call in for weaning advice and support from your health visiting team including how to start weaning and first foods.

Basic Sewing Class This course will help you to develop sewing skills including cutting and making your own clothes.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Parent and Toddler with Polish Speaking Worker

(0-5 years) Take part in lots of play based activities to help with your child's development.

Baby Clinic Drop in to meet your Health Visitor for baby weighing or to discuss your baby's health.

Breastfeeding Group Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Bangladeshi Coffee Morning Come and join us for a cup of tea or coffee with your friends. It's a chance to meet new parents and to share new ideas for you children's centre.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Daddycation (Dad's Group) Meet other dads and their children, make new friends and take part in our enjoyable activities.

Family Fun Group Our Family Fun Group is for Asylum Seekers and Refugees. Come and join us to meet new people and take part in fun and free activities for the whole family.

Zumba Class Come and join us for Zumba and get fit and healthy! Booking essential.

Little Stars Children's Centre at Parkinson Lane

	Monday	Tuesday	Wednesday	Thursday	Friday
Little Stars Children's Centre at Parkinson Lane	<p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Multiple Births Group 9.30 - 11.30am For twins/multiple births and their parent/carers 14th of May, 4th of June, 18th of June, and 2nd of July 2018</p> <p>Friends Group 1.00 - 3.00pm Self referral/referral only Term time only</p> <p>Baby Clinic Drop-In 1.00 - 3.00pm</p>	<p>Family Support Drop-In 9.30 -11.30am</p> <p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Breastfeeding Peer Supporter Available 10.00 - 12.00pm Term time only</p> <p>Beenies 1.30 - 3.00pm</p>	<p>Postnatal Clinic 9.00 - 1.00m Appointment only</p> <p>Antenatal Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Stay and Play Messy Play 1.30 - 3.00pm Term time only</p>	<p>Antenatal Booking Clinic 9.00am - 5.00pm Appointment only Please contact 01422 360336</p> <p>Head and Hand Massage 9.30 - 11.00am 4 week course to start on 26th of April 2018</p>	<p>Antenatal Booking Clinic 9.00am—1.00pm Appointment only Please contact 01422 360336</p> <p>Referral Crèche 9.30 -11.30am</p> <p>Referral by Health Visitor only Term time only</p>

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Baby Clinic Drop in to meet your health visitor for baby weighing or to discuss your baby's health.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Breastfeeding Peer Support Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Referral Crèche To support individual children with their additional needs such as speech and language or developmental delay.

Multiple Births Group this group runs fortnightly for Parents who have twins and multiple births. Join us in a range of fun activities.

Head and Hand Massage A free 4 session course designed to help you learn various therapeutic techniques to alleviate tension from your mind and body.

Call us for more information, to book places and to find out how to get referred on **01422 252022** or call into **Little Stars Children's Centre, Parkinson Lane, Halifax**

Sunshine Children's Centre

	Monday	Tuesday	Wednesday	Thursday	Friday
Sunshine Children's Centre	<p>Beenies 1.30 - 3.00pm</p>	<p>Family Support Drop In 9.30 - 11.30am Baby Massage 10.00 - 11.00am 4 week session to start on 1st of May 2018 Booking essential please contact 01422 385929</p>	<p>Mini Fit 1.30 - 2.30pm To start on 25th of April 2018 Booking essential please contact 01422 385929</p>	<p>Midwife Clinic 9.00am - 12.00pm Appointment only Stay and Play Little Explorers 9.30 - 11.00am Term time only Family Support Drop-In with Czech speaking worker 1.30 - 4.30pm ESOL for EU Communities 1.00 - 3.00pm Term time only</p>	<p>Slunicko EU Monthly Parent and Toddler Group 10.00 - 12.00pm For children aged 0-5 years 18th of May 2018</p>

Call us for more information, to book places and to find out how to get referred on **01422 385929** or call into **Sunshine Children's Centre, Battinson Road, Halifax HX1 4RG.**

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Baby Massage Join us to learn relaxing massage techniques that support your baby's health and wellbeing.

ESOL A course to improve your English skills.

Slunicko A monthly EU Parent and Toddler Group with a Czech speaking worker. Take part in lots of play based activities to help with your child's development.

Mini Fit This session is suitable for 2-5 year olds. Come and join us children will learn skills such as throwing, catching and batting. To book please contact 01422 385929.