

A young child with dark hair, wearing a blue long-sleeved shirt, is lying on their stomach on a white surface. They are smiling and looking towards the camera. To their left is a wooden abacus with colorful beads (red, white, orange, yellow, green, blue). In front of them are colorful wooden blocks (blue, orange, yellow). To their right is a clear plastic water bottle with a blue lid and a yellow cap. The background is a bright, slightly blurred indoor setting.

Join us at Park Ward Children's Centres

March 2018

Learn, Play, Discover...

Call, drop in, or visit our website at

www.childrencentres.co.uk

halifax
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trust

Jubilee and Jubilee at Beech Hill Children's Centres

	Monday	Tuesday	Wednesday	Thursday	Friday
Jubilee Children's Centre	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Family Support Drop-In 9.30 - 11.30am</p> <p>Basic Sewing 9.30 - 11.30am 15th of January until 26th of March</p> <p>Monthly Cultural Cooking Class 9.30 - 11.30am 26th of March To book a place please contact 01422 342552</p> <p>Health Cooking Course 9.30 - 11.30am 5th of March until 26th of March</p>	<p>Ante-Natal and Post Natal clinic 9.00 - 4.00pm Please contact 01422 261364 01422 360336</p> <p>Family Support Drop - In with Polish speaking worker 10.00 - 12.00pm</p> <p>Webster Stratton Parenting Course 1.00 - 3.00pm 23rd of January until 8th of May Referral/Self-Referral only.</p> <p>Stay and Play Lets get Physical 1.30 - 3.00pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only</p> <p>Friends Group 9.30 - 11.30am Term time only</p> <p>Breastfeeding Group with Breastfeeding Peer Supporters 10.00 - 11.30am</p> <p>Parent & Toddler with Polish Speaking Worker 1.00 - 2.30pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Daddycation 3.30 - 5.00pm Every other Thursday 8th and 22nd of March 2018</p> <p>Family Fun Group 3.00 - 5.00pm 1st, 15th and 29th of March 2018 . Our Family Fun Group is for Asylum Seekers and Refugees. Come and join us to meet new people and take part in fun and free activities for the whole family.</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Baby Clinic Drop-In 9.30 - 11.00am</p> <p>Beenies 9.30 - 11.00am</p> <p>Weaning Group 11.30 - 12.30pm First Friday of each Month next date is 2nd of March and 8th of April 2018</p>
Beech Hill Children's Centre	<p>Paediatric First Aid Course 9.30 - 11.30am Settling in crèche 5th of March Course to start on 12th of March until 30th of April</p> <p>Beenies 1.30 - 3.00pm Term time only</p>		<p>Stay and Play Little Explorers 1.30 - 3.00pm Term time only</p>	<p>Bangladeshi Coffee Morning 8.45 - 10.30am 2nd Thursday of every month Next session 8th of March Term time only</p>	

Call us for more information, to book places and to find out how to get referred on
01422 342552 or call into Jubilee Children's Centre, Lightowler Road HX1 5NB.

Activity Information

Family Support Drop-In Come and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Weaning Group call in for weaning advice and support from your health visiting team including how to start weaning and first foods.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Parent and Toddler with Polish Speaking Worker

(0-5 years) Take part in lots of play based activities to help with your child's development.

Baby Clinic Drop in to meet your Health Visitor for baby weighing or to discuss your baby's health.

Breastfeeding Group Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Healthy Cooking Course Learn to make new and different dishes and how to prepare healthy meals for your family.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Daddycation (Dad's Group) Meet other dads and their children, make new friends and take part in our enjoyable activities.

Bangladeshi Coffee Morning Come along and Join us for a cup of tea or coffee with your friends.

Webster Stratton Parenting Course A Parenting course in Punjabi and Urdu.

Monthly Cultural Cooking Class Our Cooking course will allow you to learn new recipes from around the world.

Paediatric First Aid Course You will gain knowledge and practical skills on how to give first aid to babies and children.

Little Stars Children's Centre at Parkinson Lane

	Monday	Tuesday	Wednesday	Thursday	Friday
Little Stars Children's Centre at Parkinson Lane	<p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Multiple Births Group 9.30 - 11.30am For twins/multiple births and their parent/carers this group will run fortnightly 5th and 19th of March 2018</p> <p>Friends Group 1.00 - 3.00pm Self referral/referral only Term time only</p> <p>Baby Clinic Drop-In 1.00 - 3.00pm</p>	<p>Family Support Drop-In 9.30 -11.30am</p> <p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Breastfeeding Peer Supporter Available 10.00 - 12.00pm</p> <p>Beenies 1.30 - 3.00pm</p>	<p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Indian Coffee Morning 9.30 - 10.30am Next session 14th of March 2nd Wednesday of each month Please contact 01422 252022</p> <p>Postnatal Clinic 1.00 - 4.00pm Appointment only Stay and Play One, Two, Buckle my Shoe 1.30 - 3.00pm Term time only</p>	<p>Antenatal Booking Clinic 9.00am - 5.00pm Appointment only Please contact 01422 360336</p> <p>Food Safety Course 9.30 - 11.30am Creche settling in 8th of March Course to start on 15th of March until 29th of March To book please contact 01422 252022</p> <p>Baby Massage 1.00 - 2.00pm 8th of March until 29th of March To book please contact 01422 252022</p>	<p>Antenatal Booking Clinic 9.00am—1.00pm Appointment only Please contact 01422 360336</p> <p>Referral Crèche 9.30 -11.30am Referral by Health Visitor only Term time only</p>

Call us for more information, to book places and to find out how to get referred on **01422 252022** or call into **Little Stars Children's Centre, Parkinson Lane, Halifax**

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Baby Clinic Drop in to meet your health visitor for baby weighing or to discuss your baby's health.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Breastfeeding Peer Support Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Referral Crèche To support individual children with their additional needs such as speech and language or developmental delay.

Multiple Births Group this group runs fortnightly for Parents who have twins and multiple births. Join us in a range of fun activities.

Indian Coffee Morning Come along and join us for a cup of tea or coffee with your friends. It's a chance to meet new parents and to share new ideas for your Children's Centres.

Baby Massage Join us to learn relaxing massage techniques that support your baby's health and wellbeing.

Food Safety Course This course teaches you the important factors that need to be considered when preparing and serving food including hygiene, contamination and food hazards. Booking is essential please contact 01422 252022.

Sunshine Children's Centre

	Monday	Tuesday	Wednesday	Thursday	Friday
Sunshine Children's Centre	<p>Beenies 1.30 - 3.00pm</p>	<p>Family Support Drop In 9.30 - 11.30am</p>	<p>Parent Champion Coffee Morning 9.00 - 10.00am Cancelled will restart in spring date to be confirmed</p> <p>Paediatric First Aid Course 1.00 - 3.00pm 31st of January until 14th March</p> <p>Mini Fit 1.30 - 2.30pm To start on 25th of April 2018 Booking essential please contact 01422 385929</p>	<p>Midwife Clinic 9.00am - 12.00pm Appointment only</p> <p>Stay and Play Healthy Bees 9.30 - 11.00am Term time only</p> <p>Family Support Drop-In with Czech speaking worker 1.30 - 4.30pm</p> <p>ESOL for EU Communities 1.00 - 3.00pm Term time only</p>	<p>Slunicko EU Monthly Parent and Toddler Group 10.00 - 12.00pm For children aged 0-5 years 9th of March</p>

Call us for more information, to book places and to find out how to get referred on **01422 385929** or call into **Sunshine Children's Centre, Battinson Road, Halifax HX1 4RG.**

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Paediatric First Aid Course This 6 week course will provide you with knowledge and practical skills on how to give First Aid to babies and young children and deal with minor illnesses.

ESOL A course to improve your English skills.

Slunicko A monthly EU Parent and Toddler Group with a Czech speaking worker. Take part in lots of play based activities to help with your child's development.

Mini Fit This session is suitable for 2-5 year olds. Come and join us children will learn skills such as throwing, catching and batting. To book please contact 01422 385929.