

A young child wearing a grey knit hat with a pom-pom, a pink scarf, and a grey puffer jacket is looking up in a snowy field. The background is a bright, snowy landscape with trees and a building in the distance.

Join us at Park Ward Children's Centres

January 2018

Learn, Play, Discover...

Call, drop in, or visit our website at

www.childrencentres.co.uk

halifax
opportunities
trust

Jubilee and Jubilee at Beech Hill Children's Centres

	Monday	Tuesday	Wednesday	Thursday	Friday
Jubilee Children's Centre	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Baby Massage AM - Time to be confirmed 15th of January until 5th of February 2018 Booking essential</p> <p>Family Support Drop-In 9.30 - 11.30am</p> <p>Basic Sewing 9.30 - 11.30am Settling in crèche 8th of January 2018 Course to start on 15th of January until 26th of March 2018</p>	<p>Ante-Natal and Post Natal clinic 9.00 - 4.00pm Please contact 01422 261364 01422 360336</p> <p>Family Support Drop - In with Polish speaking worker 10.00 - 12.00pm</p> <p>Webster Stratton Parenting Course 1.00 - 3.00pm Settling in Crèche on 16th of January Course to start on 23rd of January until 8th of May 2018</p> <p>Stay and Play Little Explorers 1.30 - 3.00pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only</p> <p>Friends Group 9.30 - 11.30am Term time only</p> <p>Breastfeeding Group with Breastfeeding Peer Supporters 10.00 - 11.30am</p> <p>Parent & Toddler with Polish Speaking Worker 1.00 - 2.30pm Term time only</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422 261364 01422 360336</p> <p>Daddycation 3.30 - 5.00pm Every other Thursday 11th and 25th of January 2018</p> <p>Family Fun Group 3.00 - 5.00pm 18th of January Our Family Fun Group is for Asylum Seekers and Refugees. Come and join us to meet new people and take part in fun and free activities for the whole family.</p>	<p>Antenatal Clinic 9.00am - 5.00pm Appointment only Please contact 01422261364 01422 360336</p> <p>Baby Clinic Drop-In 9.30 - 11.00am</p> <p>Beenies 9.30 - 11.00am</p> <p>Weaning Group 11.30 - 12.30pm first Friday of each month - 5th of January 2018</p>
Beech Hill Children's Centre	<p>Paediatric First Aid Course 9.30 - 11.30am Settling in crèche 8th of January 2018 Course to start on 15th of January until 26th of February 2018</p> <p>Beenies 1.30 - 3.00pm Term time only</p>		<p>Stay and Play Healthy Honey Bees 1.30 - 3.00pm Term time only</p>	<p>Bangladeshi Coffee Morning 8.45 - 10.30am 2nd Thursday of every month Next session 11th of January 2018 Term time only</p>	

Activity Information

Family Support Drop-In Come and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Baby Massage Join us to learn relaxing massage techniques that support your baby's health and wellbeing.

Parent and Toddler with Polish Speaking Worker

(0-5 years) Take part in lots of play based activities to help with your child's development.

Baby Clinic Drop in to meet your Health Visitor for baby weighing or to discuss your baby's health.

Breastfeeding Group Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Basic Sewing This course will help you to develop sewing skills including cutting and making your own clothes.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Daddycation (Dad's Group) Meet other dads and their children, make new friends and take part in our enjoyable activities.

Bangladeshi Coffee Morning Come along and Join us for a cup of tea or coffee with your friends.

Webster Stratton Parenting Course A Parenting course in Punjabi and Urdu.

Paediatric First Aid Course You will gain knowledge and practical skills on how to give first aid to babies and children

Call us for more information, to book places and to find out how to get referred on **01422 342552** or call into **Jubilee Children's Centre,**

Lightowler Road HX1 5NB.

Little Stars Children's Centre at Parkinson Lane and Warley Road

	Monday	Tuesday	Wednesday	Thursday	Friday
Little Stars Children's Centre at Parkinson Lane	<p>Multiple Births Group 9.30 - 11.30am For twins/multiple births and their parent/carers this group will run fortnightly</p> <p>8th and 22nd of January 2018</p> <p>Friends Group 1.00 - 3.00pm Self referral/referral only Term time only</p> <p>Baby Clinic Drop-In Starting on 8th of January 2018 1.00 - 3.00pm</p>	<p>Family Support Drop-In 9.30 - 11.30am</p> <p>Antenatal Booking Clinic 9.00 - 5.00pm Please contact 01422 360336</p> <p>Breastfeeding Peer Supporter Available 10.00 - 12.00pm</p> <p>Beenies 1.30 - 3.00pm</p>	<p>Indian Coffee Morning 9.30 - 10.30am Next session 17th of January 2nd Wednesday of each month Please contact 01422 252022</p> <p>Postnatal Clinic Appointment only Stay and Play Lets Get Physical 1.30 - 3.00pm Term time only</p> <p>Holiday Event Winter Activities 1.30 - 3.00pm 3rd of January 2018</p>	<p>Antenatal Booking Clinic 9.00am - 1.00pm Appointment only Please contact 01422 360336</p> <p>Mini Movers Music and Movement Session 10.00 - 11.00am 25th of January until 15th of February 2018 To book please contact 01422 252022</p>	<p>Antenatal Booking Clinic 9.00am - 1.00pm Appointment only Please contact 01422 360336</p> <p>Referral Crèche 9.30 - 11.30am Referral by Health Visitor only Term time only</p>

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Baby Clinic Drop in to meet your health visitor for baby weighing or to discuss your baby's health.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Breastfeeding Peer Support Come along and meet our Breastfeeding Peer Supporters for breastfeeding advice and support.

Friends Group Meet new people, build confidence and self-esteem in a friendly environment.

Referral Crèche To support individual children with their additional needs such as speech and language or developmental delay.

Multiple Births Group this group runs fortnightly for Parents who have twins and multiple births. Join us in a range of fun activities.

Indian Coffee Morning Come along and join us for a cup of tea or coffee with your friends. It's a chance to meet new parents and to share new ideas for your Children's Centres.

Mini Movers Music and Movement Session An entertaining movement to music class for both babies and parents promoting positive touch, development play and overall having fun together.

Call us for more information, to book places and to find out how to get referred on **01422 252022** or call into Little Stars Children's Centre, Parkinson Lane, Halifax

HX1 3XL.

Sunshine Children's Centre

	Monday	Tuesday	Wednesday	Thursday	Friday
Sunshine Children's Centre	<p>Beenies 1.30 - 3.00pm</p>	<p>Family Support Drop In 9.30 - 11.30am</p>	<p>Parent Champion Coffee Morning 9.00 - 10.00am To run weekly</p> <p>Paediatric First Aid Course 1.00 - 3.00pm settling in crèche 24th of January. Course to start on 31st of January – 14th March (6 weeks course),</p>	<p>Midwife Clinic 9.00am - 1.00pm Appointment only</p> <p>Stay and Play Messy Play 9.30 - 11.00am Term time only</p> <p>Family Support Drop-In with Czech speaking worker 1.30 - 4.30pm</p> <p>ESOL for EU Communities 1.00 - 3.00pm Term time only</p>	<p>Slunicko EU Monthly Parent and Toddler Group 10.00 - 12.00pm 12th of January For children aged 0-5 years</p>

Activity Information

Family Support Drop-In Come along and meet our experienced Family Support Worker for confidential support and advice on family issues.

Stay and Play (0-5 years) Bring along your children and join in a range of fun activities to promote their learning, development and healthy lifestyles.

Beenies (0-24 months) Come along to our free, friendly group where your children can learn, play and explore.

Paediatric First Aid Course This 6 week course will provide you with knowledge and practical skills on how to give First Aid to babies and young children and deal with minor illnesses.

Parent and Toddler (0-5 years) Take part in lots of play based activities to help with your child's development (with Polish speaking worker)

Parent Champion Coffee Morning Come along and join us for a cup of tea and coffee with your friends.

ESOL A course to improve your English skills.

Slunicko A monthly EU Parent and Toddler Group.

Call us for more information, to book places and to find out how to get referred on

01422 385929 or call into
Sunshine Children's Centre,
Battinson Road,
Halifax HX1 4RG.